15 May 2019 Meeting Notes

Our monthly meeting was led off by chapter President David Barr, healthy with two new heart valves. David related his experience with a big thank you to Dr. Taylor and OHC for diagnosing his heart problems and setting in motion the valve job.

Lunch:

A BIG THANK YOU to Occupational Health Center, Dr. Taylor and Doug Daniels for sponsoring lunch.

The meeting professional/technical topic:

Emergency Preparedness.

Speaker was Erin Coker from Mobile County Health Department. Erin discussed pre-planning for emergencies and reminded us of the “GET 10” list of essential items that everyone should have ready as part of their GO KIT in case of emergency evacuation.

The list:

**Get 10**

Emergencies arrive unexpectedly, so now is the time to prepare by gathering basic emergency and disaster supplies. Collect and store these 10 essential items to get ready for an emergency. (Click on the links for additional details) [http://www.alabamapublichealth.gov/get10/essentials.html](http://www.alabamapublichealth.gov/get10/essentials.html)

1. Water
2. Food
3. Can Opener
4. Medications
5. First Aid
6. Flashlight
7. Radio
8. Clothes
9. Personal Care Items
10. Important Documents

If you have questions or want Erin to speak to your organization you can reach Erin at:

Erin Coker, BSN, RN
Mobile District
Emergency Preparedness Coordinator
ECoker@mchd.org
P: 251-690-7512
C: 251-599-2024
F: 251-445-4066
OTHER NEWS:

The September chapter meeting is the same day as the Worlds of Opportunity (WOO). Because may of our chapter members volunteer for this, it was decided to hold the September meeting at WOO.

Until next month

Gary E. Gamble, Chapter Treasurer

NOTE: The official chapter snail mail address is:

PO Box 834, Mobile AL 36601

There have been a series of emails with a home address listed instead of the official chapter address. Please do NOT send any mail intended for ASSP Mobile Chapter to any address other that our PO Box.